Dear Parents and Guardians,

This will be the final newsletter for Term One. I can’t believe how quickly the time has gone. On behalf of the staff I hope you all enjoy the school holidays, have a safe break and come back fresh for Term Two. Thank you for the support and understanding you have given to the staff this term and thank you for the care and support you have shown to me personally.

I would like to say goodbye and good luck to Mrs Joukhadar who commences maternity leave shortly. Mrs Joukhadar has been a great teacher and very capable, supportive Assistant Principal. We will all miss her greatly and wish her every joy with parenthood.

Goodbye to Miss Dowdeswell as well. Miss D won’t be returning for Term Two as she is off to sunny England to work and spend time with her sisters. We hope you enjoy your time overseas and remember to live your dreams (I did try to talk her out of it but …no luck).

Welcome back to Mrs Tesar who has been on maternity leave and will recommence teaching again in Term Two. I know the Year Two class will welcome her and make her feel right back at home. The staff are looking forward to having you at school.

FROM THE PRINCIPAL’S DESK

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Prayer

Holy Spirit

Banish our spirit of criticism;
Replace it with a spirit of affirmation.
Help us to see the glass that is half full;
The essay that is half written;
The answer that is halfway correct.
Help us to see the many students with their hands up …
Not just the few who are shouting out!
Banish our spirit of self-resignation;
Replace it with a spirit of determination.
Help us to be bold and tenacious;
To believe in ourselves;
To believe in our colleagues;
To believe in our God;
To believe that all things are possible.
Banish our spirit of procrastination;
Replace it with a spirit of energy and action.
Help us to get ourselves organised,
So we can do the things we said we would do.
Give us a sense of purpose and direction;
Help us to praise students and co-workers who keep going …
Even when the going gets tough!
Amen

VISION STATEMENT

St Cecilia’s Catholic Primary School is a multi-cultural Catholic School where staff, parents and students strive to provide a secure environment concerned with the spiritual, moral, social, emotional and intellectual development of each person. We endeavour to create an atmosphere of openness, mutual respect and loyalty within the school community.
again.
To everyone on staff, thank you for breaking me in gen-
tly and making Term One a pleasure.
I look forward to the rest of the year being as pleasant as the beginning.

NAPLAN
The Years Three, Five and Seven will have NAPLAN Testing in Week Two of Term Two. This will come-
ence on Tuesday 14 May and finish on Thursday 15 May. Friday 16 May will be used for any catch-up tests
that may be required.

Timetable change
The school timetable has been changed to allow for
dedicated blocks of Literacy and Mathematics. These
blocks will occur four times a week and will enhance
student learning. All Literacy, Mathematics and Reli-
gious Education lessons will be held between the com-
mencement of school and lunch. Students are encour-
ged not to be late to school, if at all possible.

Sports Day
As the timetable has been given a shake-up the stu-
dents will only need to wear their sports uniform once a
week, starting Week One next term. Mrs Poharama
will take each year level for one period of Health and
Sport. Health will be a combination of educating stu-
dents in a healthy lifestyle, healthy choices etc and will
include physical activity during some lessons.
The sports days are as follows:
Year 7 – Monday
Year 6 – Monday
Year 5 – Tuesday
Year 4 – Thursday
Year 3 – Tuesday
Year 2 – Thursday
Year 1 – Wednesday
PP – Tuesday

Science and T&E
Commencing next term Science and Technology and
Enterprise will be taught concurrently. Mr Sta Maria will
combine the two subjects which should allow the stu-
dents to have some very interesting interactive lessons.
The lessons will be for 100 minutes, which will allow
some real learning to take place. I look forward to
dropping in and watching the wonderful activities the
students will be participating in.

Computer Lab
The timetable change has allowed us to free the com-
puter lab for student use during Mathematics and Liter-
acy. This will be at the teacher’s discretion and must fit
into their lessons so as to enhance student learning.

Dates to look out for
12 April - Interschool Swimming Carnival
13 April - 1st Communion enrolment Mass
14 April - 1st Communion enrolment Mass
18 April - ANZAC Day Assembly Yr 6
19 April - Last day of school Term One
06 May – First day back Term Two

Uniform meeting
Thank you to those people who attended the first uni-
form meeting. A committee has been formed and will
begin working on a survey for parents to complete and
return to school.
I would like to thank the parents who volunteered to be
on the committee, your support and dedication to the
school is greatly appreciated.

Enough sleep
I was listening to a group of students talking about their
bed times one day when I was on duty. Some of
the group had over eight hours sleep a night while oth-
ers had less. Some students were told to go to bed by
their parents but played games in their rooms instead
of sleeping. The same students then complained of
getting tired through the day. I thought about the late
nights I have had and how that affected my perfor-
ance the next day. This made me really question
the decision not to get the proper amount of sleep.
How does sleep, or the lack of it affect children?
Here is an interesting article I would like you to read. I
have included this because parents are interested in
getting their children into a regular homework routine
before they start high school, but forget about the
‘sleep routine’ that is just as important for students.
Remember being a parent requires you to make the
hard decisions.

IS CHILD SLEEP DEPRIVATION REALLY A SERI-
OUS PROBLEM?
For students, nine or more hours sleep a night is ideal,
eight hours is borderline, and fewer than eight is insuf-
ficient. Many children aren’t getting enough sleep.
They like to stay up later, reinforced by their hyper-
sociability and the omnipresence of electronic media.
What is the cognitive impact of chronic sleep depriva-
tion? It can have a negative effect on tasks that require
maintaining or manipulating information and on mood,
behaviour, anxiety and depression. Students who get
enough sleep are more attentive and, in most cases,
get better grades. Starting school later isn’t an issue in
Australasia as most schools don’t open until after
8.30am, already at least an hour later than in the US
where much of this research has been done. Students
with parent-set bedtimes get more sleep. Children can
also be taught explicitly about the impact of chronic
sleep deprivation. This might lead to their getting better
at regulating their own bedtimes, including not playing
action-packed computer games immediately before
bed.

God Bless

Peter Allen
Principal

PARISH NEWS

MASS TIMES
St Cecilia’s - Port Hedland
Tue, Wed & Thu Morning Mass 8.00am
Friday Morning Mass 7.15am
Saturday Evening Vigil Mass 6.00pm
Sunday Morning Mass 8.30 am

St John the Baptist - South Hedland
Wednesday Night Mass 6.00pm
Saturday Evening Vigil Mass 6.30pm
Sunday Morning Mass 9.30am
(after 9.30 communion round)

Seafarers Centre - Port Hedland
Sunday Evening 3.30pm (All welcome)
RELIGIOUS EDUCATION

Project Compassion Boxes
If you still have any Project Compassion boxes at home, please bring them to the office before the end of the term so we can finalise the payment off to Caritas. Thank you again for your support.

Farewell for now & Thank you
This is my last newsletter snippet before I finish up at work for maternity leave. I am filled with mixed emotions as I finish this term. I have worked in Catholic schools since I finished my university degree in education in 2000. I have a deep love and commitment to education and children and it will be quite strange for me to finish up this term for my maternity leave and know I won’t be back for Term 2. In particular, St Cecilia’s community is one of care, love and generosity and a community I love being part of. I have thoroughly enjoyed working here the last 18 months and feel especially blessed to work with such professional and committed staff alongside supportive parents. Although I do feel a little sad to depart for now, I must say that my husband and I are deeply excited about the impending birth of our first child. I am told that it will be ‘life-changing’ and ‘life will never be the same again!’ and so I am looking forward to a restful few weeks before baby’s arrival. A huge thank you to Peter and all the staff who have been such amazing and supportive colleagues and friends. I look forward to visiting St Cecilia’s to introduce baby to the world of education.

Mrs Grace Joukhadar
Assistant Principal Religious Education

GENERAL CAMPUS NEWS

FAMILY SCIENCE SHOW - Electricity and Lightning
Please find with this newsletter a flyer for a Family Science Show to be held early in Term Two. Wednesday 22 May 2013, 7.00 - 8.00 p.m.
St Cecilia’s Primary School Hall, Port Hedland
For keen Science Students (Primary and Secondary) and Parents/Guardians.
To book, please write the name(s) of those in your group on the front of an envelope, enclose cash payment of $12 per person (no cheques, please), and deliver to the school office by Thursday 16 May.

WOOLWORTHS EARN AND LEARN
The Woolworths Earn & Learn program has started! We are sending home a collection sheet for each family. Please collect your stickers and place them on the sheet. Then bring the sheet and place them in the box outside the office. Further collection sheets are available from the front office.

This community program enables schools throughout Australia to earn educational resources simply through the school community shopping at Woolworths. From Monday 8 April until Sunday 9 June 2013, when you shop at Woolworths you will be given a Woolworths Earn & Learn Point. There’ll be one Woolworths Earn & Learn Point for every $10 spent, excluding cigarettes, liquor and gift cards. Collect these Woolworths Earn & Learn Points and our school will be able to redeem these for educational resources. Thank you for your support.

Assistant Principal

CANTEEN COMPETITION
We are still running our competition until Thursday 18 April. When you order your lunch please decorate your lunch bag with colourful pictures of healthy foods (you may do this at home). The winner will receive a healthy lunch on the last day of Term One.

Mrs Kelly Gould
Canteen Manageress

CANTEEN HELPERS NEEDED
Please see Kelly in the canteen to discuss your offers of assistance.

Even half an hour any morning of the week 8.30am to 9.00am would be appreciated.

UNIFORM SHOP HELPERS NEEDED
We require volunteers to help with filling orders before/after assembly each Thursday. Any offers of help would be appreciated. Please see Hilary in the office.

LOST UNIFORM
Lost at the Swimming Carnival, 1 x size 10 Costello (yellow) polo shirt with Connolly written on the tag. Would all parents of children in Costello please check the label inside their child/ren’s shirt in case they have the wrong shirt by mistake. Please bring into the office if found. Thank you.

SHREDDED PAPER
We have bags & bags of shredded paper to give away in the office if anyone requires them. Please come in the office if found. Thank you.

SHREDDED PAPER

MERIT AWARDS

11 April 2013
PP: Sienna Bennett
Yr 1: Xennex Holmstrom
Yr 2: Sahara Soutar
Yr 3: Emma Veldsman
Yr 4: William Rehn
Yr 5: Lucy McGrath
Yr 7: Kara Nunn

Miroball Zoghbi
Joseph Sang
Alleirah Taylor
Pascal Zoghbi
Madaawee Wickramage

BIRTHDAY WISHES
Congratulations to the following students who celebrated their birthday.

April
2 MUMFORD, Indianna K
6 FEENEY, Emily Y5
7 ASPLAND, Tehya K
7 BROWNE, Taiha Y4
10 SHEEN, Talitha Y1
17 SPRINGHALL, Casey Y1
18 HOLMSTROM, Xennex Y1
21 BRITCLIFFE, Alex Y5 2
22 CAMPBELL, Olivia Y4
22 SHIRLEY, Caitlyn Y6
23 VARNEY, Macey Y2 2
24 WADE, Amy Y1
24 FOTI, Scarlett Y2
25 MCSWEENY, Jaden Y1
26 DOYLE, Zaina Y1
28 SELFE, Tayla Y7

Assistant Principal
**COMMUNITY MEAL DONATIONS**

I, __________________________, would like to donate meals for the community. Please return this slip to the front office and meal containers will be sent home with your child.

Signed: _________________________

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**Nude Food Wednesday!**

Now every Wednesday! That’s right our students did such a great job of celebrating Nude Food Day, even after a 5 day weekend, that we think we can double the difference we make and hold Nude Food Day every week! Don't forget NO packaging on any recess or lunch foods. We want to spend a whole day without contributing to landfill!

**COMPETITION!**

All students from Kindy through to Year 7 are invited to submit a poster, drawing, powerpoint, rap, poem, song or any other creative idea they have to promote Nude Food Day. Submissions are to be handed into the Year 2 classroom by Thursday 18th April and any performances need to be ready to be performed lunchtime on the 18th! Prizes are awarded for the most original and creative pieces in Kindy-Year 3 and from Years 4-7.

1st prize $100 Woolworths voucher,
2nd prize, $50 Woolworths voucher
and 3rd prize $20 Woolworths voucher.

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**SPORT AND HEALTH Timetable Term 2, 2013**

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HEDLAND REDS WIN AGAINST BATAVIA BLAZERS

The Hedland Reds travelled down to Perth on Thursday morning before Easter for the little league championships. That afternoon we had a training session with some of the Perth Heat players and took in pitching techniques, batting skills and fielding skills. We were playing the best out of 5 games, with the winner going to the National Championships at the Gold Coast.

On Friday we had our first game against Batavia (Geraldton). This was our first match to work out who was a good pitcher, hitter, catcher and fielder, and unfortunately we lost the first game, 6-11.

After this game we knew more details about Batavia and really wanted to win the next game, which was played on Saturday and we won, 10-7. This was a relief to the team and now it was one all.

On Sunday we had to wake up at 4.30am to get ready for our two games. The third game was very close, as both teams were trying their hardest to win. After playing our hardest we lost by 1 (4-3). We knew we had to win the next game otherwise Batavia would go to the Gold Coast and we wouldn’t. We had a two hour rest until the next game. We played the best we could and in the end it paid off because we smashed them, 18-7.

On Monday it was the last game that would decide the team that would go to the Gold Coast. We put our best pitcher in and they put their best pitcher in and at a stage the score was a tie at 9-9. We were so determined to win and the adrenaline in us gave us the win, 10-15. It was very nail-biting for us, our supporters and our families at home, who could keep track of the game on a play by play livefeed online.

We were so excited because now the Hedland Reds team are now WA State Champions and will be 1 of 5 teams from WA going to the Gold Coast from 1-5 June for the National Championships. The Hedland Reds can’t wait.

On behalf of the team I would like to thank our amazing coaches Shelley Glasson and Carolyn Williams and Shelley’s family for letting us stay at their house and for looking after us. Also thanks to our support crew Mark, Michael, Kristy and Dawn, as well as our parents for making it possible for us to go to Perth and now the Gold Coast.

By Jack Babic
The Pre–Primary class have been learning about the parts of a computer. They have also been practising their Ctrl, Alt and Delete fingers so they can log onto the computers.

The Year One students started the year revising their log on procedures. They then began to learn how to use Microsoft Word. The students can open a new document, insert text boxes, insert clip art and pictures, add page borders and change font styles and colours. The Year Ones also have been creating new folders, renaming folders and files.

The Year Two class have been learning to use Google to download pictures and text. Once they have chosen a picture they like, the students then have to save it to a nominated folder for later use.

The Year Three class have been learning how to use Microsoft PowerPoint. The students have learned how to insert new slides, format the backgrounds, insert text and pictures from folders. They also have inserted audio track to their presentations.
YEAR FOUR
This term the Year Fours have been doing a variety of things. They have learnt how to use their school email accounts, send emails with an attachment, reply to emails and forward emails. They have also started to learn how to use Microsoft Excel and simple use of functions and inserting graphs.

YEAR FIVE
The Year Five are making a presentation using Windows Moviemaker. They have come up with a theme, collected images from the internet and found a suitable audio track to match their theme.

YEAR SIX
The Year Six class have also been making a movie with Windows Moviemaker. They have written scripts, rehearsed their parts and then videoed their movie. Using Moviemaker their video is edited with a sound track and credits added.

YEAR SEVEN
Like last year, the Year Seven students have been creating a Stop Motion movie, using the same software that created Shaun the Sheep and Wallace and Gromit. Working in small groups, characters and backgrounds have to be created before photos can be taken. This is a very long process and requires a lot of work to produce a short 2 minute movie.
RECIPES

We NEED recipes for our cookbook. Please upload your favourite recipes at

PublishedAuthors.com.au

It is a simple process and will only take a few minutes of your time.

Or email it to me and I will upload it for you - ekmerlo@hotmail.com

We have set a date!

Saturday June 22nd

Please keep this date free!

Fitness Equipment

The Fitness Equipment for around the school oval has arrived and will be installed as soon as possible.

Donations needed!

For the White Elephant and Second Hand Book Stalls. Books can be dropped off at the office now. Please hold on to any goods that you think would be good for the white elephant stall. We will start collecting them soon.

NEXT MEETING

Wednesday 17th April 8.30am in the Multi Purpose Room (next to the hall).

Calendars

Unsold calendars will be available in the office to collect free of charge.