Dear Parents and Guardians

We have had a great start to the term and the students have settled in well. We have a very busy term ahead of us with many exciting events planned. Preparations for the concert are well in hand and we look forward to the students performance on Wednesday 9 December.

We would like to welcome Renee Sweeney, our new Year Five Teacher. Renee has joined our school with enthusiasm and spirit and is enjoying working with our students and becoming part of St Cecilia’s School Community.

Growth & Development Program
We began the term with our Growth and Development Program for our Years Six & Seven parents and students. A parent and child evening was run on Thursday 15 October; it was an enjoyable and informative evening. A special thanks to Chrissie McDowell for running the evening. Those present found the evening helpful and inspirational. Chrissie is also running the program in the Years Six & Seven classrooms over the next three weeks.

Professional Development 2010
Next year on Monday 15 February will be a Pupil Free Day as we will be holding a Professional Development Day for the Staff.

Royal Flying Doctors Visit
On Wednesday 28 October, the Royal Flying Doctors Service will be visiting the classrooms from Pre Primary to Year Seven to explain the many different roles that can be seen within the service: we look forward to the visit!

Special Excursion
On Wednesday 28 October, I will be escorting 20 of our students to Strelley Community School. We have been invited to participate in an Arts and Creative Writing Program. With this in mind we have chosen students who show talent in these two areas. I am looking forward to our students developing and expanding their skills.

Learning Self Control
All children need to learn self control; it needs to be taught and reinforced. Children need to learn to deal with frustration and to control their disappointment when they do not get their own way or what they want. Managing these times can be very frustrating and challenging for parents, but there are positive and effective ways to help children learn self control.

Children learn self control when parents use effective discipline to manage misbehaviour that is consistent, immediate and decisive. Set out below are a number of strategies that assist in developing self control within children:

1: Establish Clear House Rules:
Children require limits to learn what is expected of them and how they should behave. A few basic house rules that are fair and easy to follow are important to establish ‘baseline’ expectations. The rules should tell children what to do rather than what not to do. E.g. Speak in a pleasant tone, keep your hands and feet to yourself.

FROM THE PRINCIPAL’S DESK

Where there is life, there is hope.
Where there are hopes, there are dreams.
Where there are vivid dreams repeated, they become goals.
Goals become the action plans and game plans
that winners dwell on in intricate detail,
knowing that achievement is almost automatic
when the goal becomes an inner commitment.
The response to the challenges of life - purpose
- is the healing balm that enables each of us to face up to adversity and strife.

Dennis Waitley

St Cecilia’s CPS is a multi-cultural school where our community strives to provide a secure environment for the spiritual, moral, social, emotional and intellectual development of each student. We endeavour to create an atmosphere of openness, mutual respect and loyalty within the school community.
Rule Breaking Learning: When a child occasionally forgets a house rule it is important that you use it as a learning opportunity. Discuss with your child why their actions are not appropriate or acceptable, then describing or getting your child to suggest the correct behaviour. The correct behaviour can then be practised.

Deliberately Ignoring Some Misbehaviour: Sometimes minor attention seeking behaviour is best ignored. The child does not get a reward for the behaviour. As soon as they stop the misbehaviour, reward them for doing this! This usually sends a very powerful message about what is acceptable and what is not. Of course, do not ignore more serious misbehaviour; act quickly and decisively.

Give Clear and Calm Instructions: The way you give instructions influences whether children cooperate or not. The following steps are important:
   a) Get close and gain your child’s attention.
   b) Tell your child what they are to do (John, it is time to come inside, please wash your hands.)
   c) Give your child time to cooperate (Pause briefly to give your child time. eg. 5 seconds)
   d) Praise cooperation.
   e) Repeat the instruction, but only once!

Back Up Your Instructions with Logical Consequences: If your child does not comply, then choose a consequence that fits the situation.

The Feast of St Cecilia
This will be a good opportunity to celebrate the presence of our Catholic Community here in Port Hedland as well as the feast of our Patron Saint who is also the Patron Saint of Music.

So why not have a musical evening!!! We need:

- People to make an invitation to other Church groups in Port and South Hedland to join us for the celebration.
- People to organise the prayer that should start the evening.
- People to organise the Musical Evening.
- People to organise the Food and Drinks.
Please put your hands up and let either one of the Parish Council members or the Parish Office know what you are prepared to do.
And of course keep clear Friday 20 November!

COMING EVENTS

- 26 Oct Growth & Development Y6&7
- 27 Oct 6.30pm P&F Meeting
- 28 Oct Royal Flying Doctor visit PP-Y7
- 30 Oct 6.00pm Disco – Fancy Dress
- 02 Nov Growth & Development Y6 & Y7
- 06 Nov Ranger visit PP-Y7

MERIT AWARDS

Yr 1: Nikita Burton, Georgia Latham
Yr 3: Irish Carl, Piper McDonald, Tess Mellberg
Yr 4: Kohi Poharama, Elliott Scott
Yr 5: Kaitlyn Cavey, Brody Mellberg
Yr 7: Jack Podmore, Aaron Postons

FANCY DRESS DISCO
The School Disco is about to descend upon us, you will find a separate sheet in the newsletter with all the details. Thank you to Mr Sean Sta Maria for being the DJ for the evening. We ask that all Kindy and Pre-Primary children have a parent with them on the evening. All children must be collected from the under cover area.
BIRTHDAY WISHES

Congratulations to the following students who celebrated their birthday.

13 Oct  Ella Smith (Pre-Primary)
15 Oct  Sylvester Enciso (Year Four)
15 Oct  Rhea Pereira (Year Five)
16 Oct  Mercedes Michel (Year Two)
18 Oct  Austin Gear (Year Six)
21 Oct  Thomas Denney (Year One)
21 Oct  Max Healey (Year Three)
24 Oct  Jorja Brown (Year Two)
24 Oct  Josh Allen (Year Five)

GENERAL CAMPUS NEWS

LIBRARY
Please ensure all overdue library books are returned as reminder notices and payment bills will be sent out shortly.

Please come and see me in the Library on a Wednesday or Thursday if you have any difficulties with your books.

Kind Regards
Mrs Rahman
Library Teacher

RESEARCH UNIT
It is hard to believe that we are in our final term of school. Where has it all gone?? The Year Six and Six/Seven classes have been working hard to implement all their reduce and re-use programmes. Monday was the first day for the Year Six/Seven composting program and with the help of Mr Bob it is running smoothly at this point. The Year Six class have re-use paper boxes in each class and the Rubbish free lunch days began today. The Rubbish Free Lunch days will run every Thursday and the class with the least amount of rubbish for that day will receive a certificate. The programme is designed to reduce the amount of rubbish brought to schools from home and to reduce the amount of rubbish produced by the school. Plastic reusable containers are most useful for snacks and lunches. We look forward to your support with these programmes.

COMPOSTING RETURNS
The Year Six/Seven class has started a composting program for our school. We would like to inform the Parents/Guardians as it is important that they know what food products we are encouraging students to bring.

Composting is going to become very important at the school. Some of the things you can put in your child’s lunch box to help composting are; putting bags of chips in a reusable container to take back home, fruit and vegetables and please try not to have wrappers of any sort. Thank you and I hope you will help us with the program.

By Thomas Jacoby and Team

DONATIONS PLEASE
Pre Primary would appreciate donations of the following items: Old Hair dryers, Old Telephones, Old Computer keyboards.
Thank you Pre Primary Team

CANTEEN HELPERS NEEDED
We would appreciate any offers of help in the School Canteen. Even half an hour any morning would be appreciated. Assistance is particularly needed on a Tuesday morning and every other Friday morning. Please see Cathy our Canteen Manageress if you can assist. Any offers of assistance would be appreciated. Sorry but children can not accompany canteen volunteers. Thank you.

SCIENCE BOXES
In order to make up science boxes for each unit level we require some items to be collected and sent to the school. Items at this stage that we are looking for are: yoghurt containers, thick plastic bags,(clothing shop style), coat hangers, thin garden stakes, screw bottle top lids, corks, any left over coloured contact, meat trays, buttons, ice cream containers.
Thank you for your donations.
Ms Tait Year Six/Seven Teacher

LIBRARY ACTIVITIES – SOUTH HEDLAND
Halloween fun @ the Library. Dress in your favourite costume and celebrate with stories, games and craft at the South Hedland Library. Saturday 31 October. 3.00pm to 5.00pm. Phone 9158 9373 to book your place.

HEDLAND JUNIOR FOOTBALL ASCC
AGM 7.00pm, 26 October. Kevin Scott Oval, South Hedland. All welcome! New Committee is required for the 2010 Junior Football and Auskick season to be successful! Also looking for volunteers and helpers to coach and umpire the first ever “Hedland Auskick GIRLS ONLY Team”.

MICRO-CHIPPING
Town of Port Hedland will be holding on the weekend of 7 and 8 November 2009, micro-chipping and dog registration between 9am and 2pm both days, location is council depot on Cajarina Road, Wedgefield, no bookings required, cost $30 over 50% off normal price.

Details are put on a national database for the life of your pet, information that is important in getting your pet back home safely.

YACHT CLUB MARKETS
Saturday 07 November, 9am till 12pm (set up is at 8am) Coffee and cake and much more. Come and join in. Food and drinks available. Sell some old treasure buy some more. For further information or stall bookings Phone Dawn 0407192170, Chrissie on 0429 203 289 or Leaine 9172 1282. www.phyc.com.au